



EVENTS

more details at [gicct.org](http://gicct.org)

**Sept 1** First day of classes - GISU

**Sept 6** Labor Day

**Sept 10** Opiate Drug Abuse Conference Montpelier

**Sept 16** Youth Driving Summit Rutland

**Sept 21** GICCT Advisory Board Meeting 1 PM

**Sept 25** National Drug Take-Back Day 10 AM - 2PM  
Details on page 2.

**Sept 27** Family Day

**Sept 30** Prevention and Treatment: Working Together. Register: [www.dlnets.com/MCTFT2nd.htm](http://www.dlnets.com/MCTFT2nd.htm)

**Sept 30** PACT Potluck SBHS 5:30 –7:30 PM

**Sept 30 - Oct 1** Life Skills Training, Rutland. Register: [www.healthandlearning.org](http://www.healthandlearning.org)

**Oct 4** Know Your Body Middlebury. Register: [www.healthandlearning.org](http://www.healthandlearning.org)

**Oct 8** Michael Nerney Conference Majestic Theater, Williston 8:30 AM - 4 PM  
Registration info [amywhitemore@nafi.com](mailto:amywhitemore@nafi.com)

**Oct 8** Michigan Model Randolph. Register: [www.healthandlearning.org](http://www.healthandlearning.org)

**Oct 23 - 31** Red Ribbon Week

Red Flags and Resources 2010 Update

Red Flags and Resources

Northwestern Vermont *Second* Edition



Alburgh Bakersfield Berkshire Enosburgh Fairfax Fairfield Fletcher Franklin Georgia Grand Isle Highgate Isle La Motte Montgomery North Hero Richford South Hero Sheldon St. Albans Swanton

The PDF version of the second edition will be available online at [www.gicct.org](http://www.gicct.org), [www.fcccp.org](http://www.fcccp.org) and [www.ruralpartnershipsvt.org](http://www.ruralpartnershipsvt.org)

Red Flags and Resources is a guide for parents, youth serving adults and teens that includes helpful information on a variety of topics. The first edition of Red Flags and Resources was developed by a LEAD Team from the class of 2007-2008.

GICCT and Caring Communities are now the stewards of the guide. The coalitions have updated the 2008 edition with an addendum and a 2010 edition of the guide will be available online at the end of September. See websites listed above.

Transitions!

Congratulations to Heather Luce, who has left her role with GICCT to direct the 21st Century Community Learning Center in Grand Isle County.

Executive Director of GICCT.

For the past two years Mary has been the Strategic Prevention Framework (SPF) Coordinator for Franklin County Caring Communities.

Mary will continue to manage the law enforcement initiatives of the SPF and START grants in Franklin County and will now coordinate the SPF grant for Grand Isle County.

Welcome aboard Mary!

Mary Fletcher has been hired as the new



Grand Isle County  
Clean Team  
Advisory Board

Karen Browning  
Christie Bullis  
Deirdre Clifford  
Carlene Letourneau  
Tara Liloia  
Heather Luce  
Mary Pickford  
Diane Reilly

STAFF

Mary Fletcher  
Elizabeth Newman

## National Take-Back Initiative

### DEA Heads First-Ever Nationwide Prescription Drug Take-Back Day

On Saturday, September 25 the DEA will coordinate a collaborative effort with state and local law enforcement agencies to remove potentially dangerous controlled substances from our nation's medicine cabinets. Collection activities will take place from 10:00 AM through 2:00 PM at sites established throughout the country.

The National Take-Back Day provides an opportunity for the public to surrender expired, unwanted, or unused pharmaceutical controlled substances and other medications for destruction.

These drugs are a potential source of supply for illegal use and an

unacceptable risk to public health and safety. This one-day effort is intended to bring national focus to the issue of increasing pharmaceutical controlled substance abuse.

This initiative addresses a vital public safety and public health issue. Many Americans are not aware that medicines that languish in home cabinets are highly susceptible to diversion, misuse, and abuse. Rates of prescription drug abuse in the U.S. are increasing at alarming rates, as are the number of accidental poisonings and overdoses due to these drugs. Studies show that a majority of abused prescription drugs are obtained from family and friends, including from the home medicine cabinet. In addition, many Americans

do not know how to properly dispose of their unused medicine, often flushing them down the toilet or throwing them away – both potential safety and health hazards.

The service is free and anonymous, no questions asked. Prescription and over the counter solid dosage medications, i.e. tablets and capsules will be accepted. Intra-venous solutions, injectables, and needles will not be accepted.

Illicit substances such as marijuana or methamphetamine are not a part of this initiative.

**Collection sites in Grand Isle County are the Grand Isle County Sheriff's Department, South Hero Rescue and the Alburgh Fire Station.**

More info [www.dea.gov](http://www.dea.gov)

## Young Driver Safety Summit

The Young Drivers Safety Summit is a networking opportunity for those interested in training, licensing and protecting our beginning drivers ages 15-25. We will highlight many of the successful programs already in place and work together to develop a set of recommendations for improving the beginning driver experience here in Vermont. We are hoping to bring together a diverse group of experts in this field to accomplish this goal. We hope you plan

to attend and will pass this information on to others for whom it may be appropriate.

**Thursday, September 16th**  
**Holiday Inn, Rutland**  
**9:00 AM – 3:00 PM**  
**Cost - \$10**

Sponsored by the  
[Vermont Safety Education Center](#) &  
[Youth Safety Council of VT](#)



## Red Ribbon Week - Oct 23 - 31, 2010



### PACT Potluck

Thursday, September 30  
5:30 - 7:30 PM  
South Burlington High School

SBHS teens who attended the Omega Institute this past summer will be our honored guests. Please bring a dish to share, and join us for good food and good dialogue.

Contact Susie Merrick for more info at

[merrick@champlain.edu](mailto:merrick@champlain.edu)

[www.pactvt.org](http://www.pactvt.org)

## Family Day

### Monday, September 27 is Family Day - A Day to Eat Dinner With Your Children.

More than a decade of research by The National Center on Addiction and Substance Abuse (CASA) at Columbia University has consistently found that the more often kids eat dinner with their families, the less likely they are to smoke, drink or use drugs.

Family Day is a national movement launched by CASA in 2001 to remind parents that frequent family Dinners Make A Difference! While there are no silver bullets – substance abuse can strike any family regardless of ethnicity, affluence, age or gender – the parental engagement fostered at the dinner table can be a simple, effective tool to help prevent substance abuse in kids.

*"America's drug problem is not going to be solved in courtrooms or legislative hearing rooms by judges and politicians. It will be solved in living rooms and dining rooms and across kitchen tables – by parents and families."* -Joseph A. Califano, Jr



## Opiate Drug Abuse Conference



### Opiate Drug Use and its Impact on our Vermont Community

9:00 AM - 3:30 PM at the Vermont State House, Montpelier. Sep-tember 10, 2010,  
9:00 AM - 3:30 PM at

the Vermont State House.

The conference is presented by: The U.S. Department of Justice, United States Attorney's Office, District of Vermont in partnership with interested Vermont state and local agencies.

Presenters include:

The Honorable Eric H. Holder Jr. Attorney General of the United States:

The Honorable Patrick J. Leahy United States Senator (D-VT) Chairman, Senate Judiciary Committee:

The Honorable William H. Sorrell Vermont Attorney General:

Wendy Davis, MD Vermont Commissioner of Health:

The Honorable Tristram J. Coffin United States Attorney, District of Vermont.

***"Opiate abuse and addiction is one of our most serious challenges in Vermont. It calls for an integrated approach encompassing public health, law enforcement and addiction treatment all working together."***

— Barbara Cimaglio  
Deputy Commissioner  
Alcohol & Drug Abuse Programs Vermont  
Department of Health



## GICCT

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info@gicct.org

SAFE . HEALTHY . COMMUNITY



The Grand Isle County Clean Team is a Substance Abuse Prevention Coalition established in 2005. Its mission is:

**Promoting Prevention and Healthy Choices in Grand Isle County by Connecting Our Communities and Resources.**

GICCT is a Substance Abuse Prevention Coalition established in 2005. We are dedicated to promoting safe and healthy choices by connecting our community and our resources. We coordinate with our local schools, businesses and civic organizations to bring a variety of opportunities to the community including the Big Shabang!

Our partner prevention coalitions in northwestern Vermont are Franklin County Caring Communities and Rural Partnerships. GICCT is a recipient of the Strategic Prevention Framework grant and the Drug Free Communities grant.

Talk before kids drink



Nearly 20% of children try alcohol before age 13. Learn how to start a conversation with your child to help prevent underage drinking.

Like

Call 211 for more info or  
[www.parentupvt.org](http://www.parentupvt.org)



Help reduce  
underage drinking  
in Vermont.