



### EVENTS

More details can also be found at [www.gicct.org](http://www.gicct.org)

**May 5th**, 12th, 19th and 26th  
Smoking Cessation Class  
NMC Conference Room 3  
12-1PM St Albans

**May 6th**, 13th, 20th and 27th  
Smoking Cessation Class  
Alburgh Public Library 2-3 PM

**May 8-16**  
TV Turn Off Week

**May 11**  
SPF Training Capitol Plaza,  
9 - 4 PM Montpelier

**May 12**  
LEAD Economy and  
Environment session

**May 14**  
CONFLICT RESOLUTION  
Montpelier

**May 25**  
ESSENTIAL GRANT SKILLS  
South Burlington

**June 8th**, 15th, 22nd and 29th  
Smoking Cessation Class  
NMC Conference Room 3  
3-4 PM St Albans

**June 9**  
LEAD Project Presentations and Closing Session

**June 12**  
The Big Shabang at Knight Point  
State Park in North Hero  
11 AM - 3 PM

**June 18**  
Community Partners Classic Golf  
Tournament. Call 527-7418 for more  
information

CHAMP surveys and registration forms will be sent home with students when available

## Big Shabang! 2010

Planning is underway for this fun, free, family fun event! It will take place rain or shine on Saturday, June 12 from 11 AM to 3 PM at Knight Point State Park in North Hero.

New this year we have brought together the YOGI Baseball Celebration Day and the Big Shabang to take place at one venue. YOGI works with 150 youth within Grand Isle County bringing even more families to this community celebration!

Also new this year Northern Lights will bring their 29 foot portable climbing wall! The Champlain Islands Parent Child Center will be demonstrating a hands-on paper-making activity for all ages, and Dance in the Isle will get people moving with Latin sounds and the

Zumba fitness craze.

The Shabang will also feature crowd favorites such as the Bouncy Castle and obstacle course from Top Hat, the Big Blue Trunk, the all-you-can-eat picnic BBQ, and the varied educational exhibits from area service providers. A schedule with more details will be posted to [gicct.org](http://gicct.org) closer to the event.

Looking forward to seeing you there!



Sponsored by NMC, NCSS, YOGI & GICCT

## CHAMP is Coming to GISU!

Grand Isle Supervisory Union and local community partners Island Arts, the Grand Isle County Clean Team, Grand Isle County Mentoring Program, Darby Farm, Ladies Auxiliary and UVM Asian Studies Outreach Program, were successful in acquiring federal grant funding for CHAMP (a 21'st Century Community Learning Program) to come to Grand Isle County. CHAMP will provide after school and summer activities

for students in grades K-8 from 2010-2015.

CHAMP after school and summer programs will be offered at Alburgh Community Education Center, Grand Isle, North Hero, and Isle La Motte schools.

Kinder-Camp, a special program for preschool children entering kindergarten in the fall, will begin in Alburgh and Grand Isle schools this summer. Parents of children in the par-

ticipating communities will receive more information about Kinder-Camp and plans for future K-8 summer and after school programs soon.

Please help get CHAMP off to a successful start by completing and returning CHAMP questionnaires, surveys and registration forms. If you would like information about the grant, please contact Debby King, Curriculum Coordinator at 343-6105.

Grand Isle County Clean Team Advisory Board

- Kara Ashline
- Karen Browning
- Christie Bullis
- Deirdre Clifford
- Carlene Letourneau
- Tara Liloia
- Danielle Lindley
- Mary Pickford
- Diane Reilly

STAFF

- Heather Luce
- Elizabeth Newman

YRBS 2009 results can be found at the Department of Health website at [www.health.vermont.gov](http://www.health.vermont.gov)

## Grand Isle Mentoring Program Dinner

The Grand Isle County Mentoring program held its first mentoring family dinner on Wednesday, April 6th. Forty participants met for a pot luck supper to get to know each other and celebrate the new mentoring program.

There are now 19 mentor matches in the GIC school-based mentoring program. This program was launched in

October 2009 to provide mentors for any student in Grand Isle County Schools who would like to participate.

Mentoring is proven to be a wonderful thing for both the children and for the mentor (96% of existing mentors say they would recommend it to others).

Please consider being

a mentor if you can volunteer for one hour a week during the school day.

Fall 2010 recruitment is now underway. Orientation, training and ongoing support is provided for all mentors.

For more information about mentoring contact Karen Browning, G.I.C. Mentoring Coordinator at 372-5239 or email [gicmentoring@gmail.com](mailto:gicmentoring@gmail.com)

## TAPIT Group

The Tobacco Awareness Program Integrating Technology (TAPIT) has been meeting Mondays for the past several months. A group of 11 students have been learning the facts about secondhand smoke and the methods used in advertising. They will be visiting the CY troupe May 11th for a workshop involving improvisation,

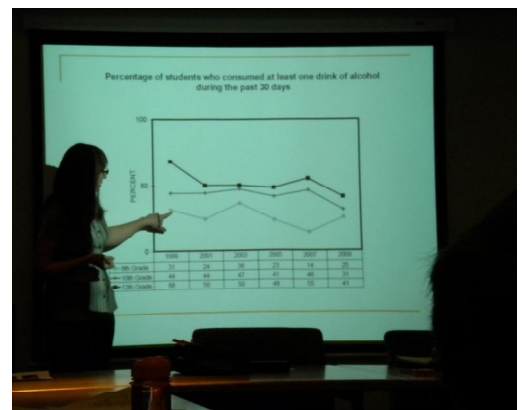
media literacy and tobacco awareness.

The TAPIT group will be presenting their project using various technologies integrated with SmartBoard software at the end of the school year. Stay tuned for details such as date, time and place.

## Getting to the "Y"

GICCT presented Grand Isle County results from the 2009 Youth Risk Behavior Survey, known as YRBS, at the May 5th Franklin/Grand Isle Community Partnership meeting.

The YRBS is a survey of students in 8th, 10th and 12th grades that is undertaken every other year state-wide. Heather Luce, GICCT Executive Director, discussed survey results and the interesting process of collecting data given the county's high school population attends 20 different high schools. At their June 2nd meeting the Partnership will continue the discussion around ways they can impact the YRBS data and support the "Y", our youth.



Heather Luce explains survey data

## Prevention Day is a Success

### PREVENTION WORKS!

GICCT joined with community prevention coalitions from around Vermont along with students and other community members, at the Statehouse in Montpelier on Wednesday, April 14th to celebrate substance abuse prevention and the variety of successes that coalitions have had in recent months.

Prevention Works! began the day by spotlighting several groups of teens for their projects and the positive impact they have made

in their communities. Groups included Connecting Youth, Camel's Hump Kids Against Tobacco, and Enosburg Falls Our Voices Xposed, among others.

Throughout the day, students and their respective coalitions had opportunities to meet with their legislators to talk about what they've been up to, as well as to discuss the importance of prevention in the towns they live in.

The efforts of Vermont's community prevention coalitions were recognized in the House Chamber.



Because We Care group photo

Prevention Works! now has a website that includes an 'In the Legislature' page where the full legislative update VDAC provides each week will be posted. Some pages on the site are currently under construction so check back often.

[www.preventionworksvt.org/](http://www.preventionworksvt.org/)

## Dr David Walsh

Although the National Institute on Media and the Family closed its doors on December 31, 2009, Dr David Walsh plans to continue to speak and write on issues important to parents, educators and the community on raising successful kids in the 21st century.

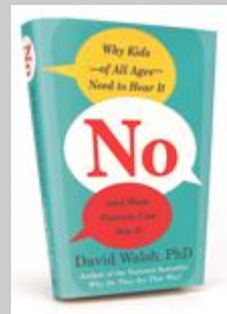


He spent time in Vermont this past April and gave a couple of very informative presentations on adolescent brain development based on scientific research and personal experience. Dr Walsh also helped parents understand why their role continues to be so crucial even at this stage in a child's life.

Dr. Walsh will be launching a new

web site in the next few months and the Institute's programs will be transferred to [Search Institute](http://SearchInstitute.com). Until these transitions take place [www.drdauidwalsh.com/blog/](http://www.drdauidwalsh.com/blog/), a blog about raising healthy, connected kids in the 21st century is available as are the many books he has written.

A couple of titles (pictured at right) that might be of interest are: "No - Why Kids of All Ages Need to Hear it, and Ways Parents Can Say It" tackles the tough subject of how parents can say "no" to their kids and why they should; and "Why Do They Act That Way? A Survival Guide to the Adolescent Brain for You and Your Teen" explains the changes in teens' brains and shows parents how to use this information to understand, communicate with, and stay connected to their kids.



No - Why Kids of All Ages Need to Hear it, and Ways Parents Can Say It



Why Do They Act That Way? A Survival Guide to the Adolescent Brain for You and Your Teen



## GICCT

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SAFE . HEALTHY . COMMUNITY

**Working to prevent and reduce substance abuse among youth, individuals and families throughout Grand Isle County by connecting our communities and resources.**

GICCT is a Substance Abuse Prevention Coalition established in 2005. We are dedicated to promoting safe and healthy choices by connecting our community and our resources. We coordinate with our local schools, businesses and civic organizations to bring a variety of opportunities to the community including the Big Shabang!

GICCT is a recipient of the Strategic Prevention Framework and the Drug Free Communities grant.

For more information please contact [info@gicct.org](mailto:info@gicct.org)



You can't be  
everywhere  
with your teen.



Help reduce  
underage drinking  
in Vermont.

[www.parentupvt.org](http://www.parentupvt.org)